

**The University of Colorado Hospital offers screening mammograms without an appointment Monday-Friday from 8 a.m. to 5 p.m. Please visit the Breast Imaging Center at University of Colorado Hospital during these times to complete your yearly screening mammogram.**

## What is a Screening Mammogram?

- A screening mammogram is an x-ray exam of the breast. It is used to detect and evaluate breast changes. A mammogram can detect small changes that may not be felt when doing a self or at home breast exam. Physicians at University of Colorado Hospital, The American College of Radiology, and The American Cancer Society recommend getting a screening mammogram annually after age 40.

## How long will a Screening Mammogram take?

- Your Screening Mammogram should take 15 to 20 minutes. Two x-rays are usually done for each breast, one top view and one side view. If you have breast implants or breast problems, more x-rays may need to be done and this can take a little longer.

## What happens when the test is finished?

- You will receive a letter in the mail containing your results within **two weeks** of the day of your screening mammogram. If you have questions about your exam, please call (720)-848-1030.

## Patient Safety Information

- During a Mammogram, you will be exposed to a very small amount of radiation. This dose of radiation can be compared to spending one hour out in the sun. University of Colorado Radiologists are committed to the safety of our patients and take every precaution to keep our patients safe during imaging tests. Without a mammogram, breast cancer may not be found in time for effective treatment.

## Preparing for my Mammogram

- Please do not wear deodorants, powders, lotions, or perfumes to your screening mammogram.
- Wear a comfortable two piece outfit that can be easily removed to change into a screening cape.
- If you have had breast imaging done before, please bring images or reports to the Breast Imaging Center at University of Colorado Hospital prior to the start of your screening mammogram. **If you have any questions about this please call (720)-848-1030.**
- Call the Breast Imaging Center if you cannot make your appointment time to reschedule for a later date.

## When should I arrive?

- Please arrive 15 minutes prior to the start of your screening mammogram test to complete hospital required paperwork.

## How do I get to my Appointment?

- Please report to Breast Imaging at Anschutz Outpatient Pavilion, 3<sup>rd</sup> Floor (east)

