

Our Philosophy of Care

Putting decades of experience to work for our patients, the professionals at University of Colorado Hospital incorporate evidence-based techniques in patient treatment plans. Our approach is:

- Client-centered – we focus on individual needs and concerns in the context of our clients' lives outside the treatment setting
- Strength-based – we focus on solutions rather than problems using available client and community resources
- Inclusive of multiple modalities – we use a variety of modalities as needed, such as psychotherapy, crisis management, medications, environmental support, community resources.



Contact Information

Address

Anschutz Medical Campus
Bldg 500, 2nd Floor, West Wing
13001 E. 17th Place
Aurora, CO 80045

Phone Number

(303) 724-1000

Hours of Operation

Monday through Friday
8 a.m. to 5 p.m.
(closed weekends and holidays)

Parking

There is free valet parking in front of the Rocky Mountain Lions Eye Institute (RMLEI) at 17th and Aurora Court. You will then have a brief walk north to Building 500. There is also hourly paid parking (including handicap access) north of Building 500. RTD bus routes # 15 and 20 go directly to our building.

Insurance & Payment Information

University of Colorado Hospital accepts most major insurance plans.

Your insurance co-pay (if required) is due at the time of service.



University of Colorado Hospital
Outpatient Psychiatry Clinic

ANSCHUTZ MEDICAL CAMPUS



Outpatient Psychiatric Services



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Outpatient Psychiatry Clinic Services

At the University of Colorado Hospital, we provide a variety of forms of treatment including individual, groups, family and couples therapy. Most care is provided through psychiatric residents in various stages of advanced training. All treatment is closely supervised by accomplished faculty members selected for their areas of expertise and experience.

We treat all major psychiatric conditions such as:

- Depression
- Anxiety
- Mood swings
- Thought problems
- Attention deficits
- Trauma
- Persistent mental illness



Conditions We Don't Treat

- Primary services for developmental disabilities
- Forensic (court ordered) evaluations
- Persons who need specialized care for drug and alcohol conditions
- Individuals who need intensive case management services

Group Therapy Services

We offer various group therapy services, including:

- Relationships
- Medication Maintenance
- Psychodynamic (insight oriented)
- Dialectical Behavioral Therapy (coping and mindfulness)

Who We Treat

The Outpatient Psychiatry department offers a full range of services for infants, children, and adolescents through older adults.



What to Bring to Your 1st Outpatient Psychiatry Appointment:

Please arrive at least 30 minutes early

- Your photo ID (driver's license, passport, state or military ID are acceptable)
- Your insurance card. If covered by a spouse's policy, know your spouse's date of birth and Social Security number. Patients should bring Medicare insurance information including information on Plan D
- A referral form or number if required by your insurance company
- Proof of guardianship – for minors
- Previous medical records – if applicable
- A list of all prescription and over-the-counter medications you take