

A Part of Your Treatment You Can Control.

FREE Classes on Nutrition and Cancer

Join us one Tuesday evening each month

January	24th	Weight Management Strategies: Overweight and Cancer Risk
February	28th	Does Sugar Feed the Tumor? Stabilizing Blood Sugar and Insulin Levels with Nutrition
March	27th	Detoxification and Diet
April	24th	Fatigue Management: Nutritional Strategies to Maintain Energy Level
May	22nd	Vitamin Therapy in Cancer
June	26th	Herbal Therapy in Cancer
July	24th	Managing Menopause with Nutrition and Lifestyle
August	28th	Eating Well: Fighting Cancer with a Fork
September	11th	Nutrition and Prostate Cancer
October	23rd	Diet and Breast Health: Issues in Breast Cancer
November	20th	Winning the Cold and Flu Wars: Nutrition Support for Immune Function

Where: Rocky Mountain Lions Eye Institute, Room 3007
1675 Aurora Court, Aurora, CO 80045

When: 6 pm – 7:30 pm Tuesday evenings

Who: All classes are taught by Colleen Gill, MS, RD, CSO
Specialist in nutrition for cancer patients

Information: Cancer Resource Center
2nd Floor, Anschutz Cancer Pavilion
720-848-0316
www.uch.edu

L I V E S T R O N G
SURVIVORSHIP CENTER
OF EXCELLENCE NETWORK

