

HEART FAILURE UNIVERSITY

We are proud to announce an ongoing, **free** patient education. Information can be found on-line at: www.uch.edu/HFU... and click on the Patient Education tab.

This will be a 5-session course on living with heart failure – occurring on the 1st Wednesday of each month, February through June and August through December, 2012.

Date/time: 1st Wednesday of every month (except July)
2 p.m. to 4 p.m.

Location: Anschutz Inpatient Pavilion, Room 2007

RSVP: Please call 720-848-7144

Seating is limited and will be available by RSVP only.
Patients may bring one care provider (family member/friend) with them.

2012 Schedule:

February 1, 2012.	Heart Failure Overview
March 7, 2012.	Heart Failure Medications
April 4, 2012.	Heart Failure Diet Management
May 2, 2012.	Heart Failure Exercise recommendations
June 6, 2012.	Breaking down your barriers to care/Community resources
July 2012.	NO MEETING
August 1, 2012.	Heart Failure Overview
September 5, 2012.	Heart Failure Medications
October 3, 2012.	Heart Failure Diet Management
November 7, 2012.	Heart Failure Exercise recommendations
December 5, 2012.	Breaking down your barriers to care/Community resources

