

UNIVERSITY OF COLORADO HOSPITAL
THE CENTER FOR INTEGRATIVE MEDICINE

CAM THERAPIES AND SELF-CARE SUPPORT

The Center for Integrative Medicine is proud to offer a comprehensive assortment of safe, effective and research-based complementary and alternative medicine (CAM) therapies and support for lifestyle changes under the same roof. As therapies are meant to complement the care you provide, The Center for Integrative Medicine's practitioners will maintain ongoing communication with you.

SERVICES OFFERED:

Acupuncture and TCM
Chiropractic
Health and Wellness Visit
Herb and Supplement Consult
Massage Therapy
Mind/Body Therapy
Nutritional Counseling
Spiritual Counseling
Yoga and Tai Chi

SAFE AND EFFECTIVE CAM THERAPIES*:

ACUPUNCTURE AND TRADITIONAL CHINESE MEDICINE (TCM)

The Center for Integrative Medicine offers a comprehensive program of acupuncture and Traditional Chinese Medicine. Experienced and licensed practitioners of TCM provide your patients with acupuncture and Chinese massage along with any appropriate Chinese herbal recommendations.

CHIROPRACTIC

The Center for Integrative Medicine offers access to a safe and personalized chiropractic program. A conservative and practical approach to chiropractic ensures that your patients receive efficient and effective care.

HEALTH AND WELLNESS VISIT

A health and wellness visit is your patients' introduction and guide to The Center for Integrative Medicine.

HERB AND SUPPLEMENT CONSULT

An herb and supplement consult will give your patients the opportunity to discuss any supplements that they are taking or considering. Patients will bring all of their prescriptions, over-the-counter medications and herbs and supplements to the appointment. The pharmacist will review them, ensure that there are no negative drug interactions, discourage the use of unnecessary or harmful supplements, and recommend any additional supplements that will complement and enhance the patients' care.

MASSAGE THERAPY

You can count on your patients receiving quality medical massage therapy. Certified massage therapists who have extensive experience working with patients suffering from complicated illnesses perform all massage therapy services.

MIND/BODY THERAPY

Mind/body therapy at The Center for Integrative Medicine consists of psychological and behavioral counseling and also may include biofeedback, mindfulness and other techniques. A licensed clinical psychologist will instruct and lead patients through all mind/body therapies.

NUTRITIONAL COUNSELING

The Center for Integrative Medicine offers your patients nutritional counseling from a registered dietitian. The dietitian will provide your patients with individualized advice on how to use food or supplements to maintain health and treat or prevent illness.

SPIRITUAL COUNSELING

Spiritual counseling may be recommended for your patients. A University of Colorado Hospital chaplain with a background in interfaith spirituality provides individualized spiritual counseling at The Center for Integrative Medicine.

YOGA AND TAI CHI

Yoga and Tai Chi classes are offered at The Center for Integrative Medicine. All classes are led by experienced instructors and are available to beginners.

Many services at The Center for Integrative Medicine are covered by health insurance. If insurance will not cover the therapy, patients will be informed of any charges in advance.

QUALITY SERVICE AT AN AFFORDABLE PRICE

While CAM therapies can be expensive, The Center for Integrative Medicine will provide your patients the best service for their dollar. Not only are prices comparable with the rates found at community clinics, but a conservative plan of care will save patients money in the long run.

SCHEDULE AN APPOINTMENT

Your patients can schedule appointments at The Center for Integrative Medicine by calling 720.848.1090. Appointments can be made Monday through Friday, 8:30 am - 5:00 pm, with limited evening availability. If you would like to provide us with information prior to a patient's visit (encouraged), please fax a consult and/or relevant records to 720.848.1277.

CONTACT INFORMATION

THE CENTER FOR INTEGRATIVE MEDICINE

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By making this information available, the University of Colorado Hospital and The Center for Integrative Medicine do not promise or guarantee the effectiveness of integrative therapy.



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