



Fire Safety Tips

Install and Maintain SMOKE ALARMS – they save lives!

- Install smoke alarms on each level of your home and outside each sleeping area. Test smoke alarms regularly each month by pushing the “test button”.
- If the alarms have batteries, replace the batteries at least twice a year. If an alarm is “chirping,” this is an indication that the battery is low and needs changing.
- Never remove an alarm battery because it sounds off while you’re cooking. Place the alarm in a different location.
- If a battery-operated smoke alarm is more than ten years old, replace the unit with a new one.

Develop a Realistic FireEscape Plan

Make sure you have **two ways** out of every room. Practice the plan with all of your family members!

If a FIRE occurs...

- STAY CALM and use your escape plan.
- If the door is hot to the touch, do not open it. Fire and deadly smoke are on the other side of the door. Instead, use your alternate exit.
- When escaping through smoke, crawl low to the ground where it is easier to breathe. Smoke rises in a fire and contains deadly gases. Even one breath can render you unconscious.
- If in a multi-story building when fire occurs, use the stairs. Do not use the elevator!
- Once outside the building, call or be sure that someone has called your emergency number (911 or another) from a neighbor’s house or a cell phone.

What if my clothes catch fire?

If your clothing catches fire:

- **STOP (do not run)**
- **DROP (to the ground)**
- **ROLL (around to smother the flames)**

If you cannot Stop, Drop, and Roll, **SMOTHER** the flames with a towel or blanket.

Remove clothing over burns if possible, and call for medical help immediately.