



### **Who needs LDL apheresis?**

LDL apheresis is indicated for persons for whom diet and maximum drug therapy has either been ineffective and/or not tolerated:

- LDL Cholesterol > 200 mg/dl (with Coronary Heart Disease) OR
- LDL Cholesterol > 300 mg/dl

### **How effective is LDL apheresis?**

The results of this procedure can dramatically reduce LDL cholesterol levels by up to 80%.

The reduction in LDL cholesterol has been shown to reduce heart attacks and the progression of coronary disease, as well as improve vascular function.

### **How long are apheresis treatment sessions? How often do I need to be treated?**

The procedure takes from two to four hours to perform and must be repeated every two to three weeks.

### **What is the cost of LDL apheresis?**

Most insurance carriers cover the cost of LDL apheresis, which is approximately \$3000 per treatment. We will work with you and your insurance carrier to determine your coverage for this procedure.

### **How do I find out if I need LDL apheresis?**

The University of Colorado Hospital's Preventive Cardiology and Lipid Management team will evaluate whether LDL apheresis is right for you. This team specializes in the evaluation, treatment and management of lipid disorders. Their evaluation will determine your best treatment options.

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***To find out more information or to set up an appointment*** for a Lipid Management consultation, please contact Ana Tandberg, RN at (720) 848-6515 or [ana.tandberg@uch.edu](mailto:ana.tandberg@uch.edu)