

# Let's Learn how to Cook!

## The Seasoned Chef Cooking School

999 Jasmine St., Suite 100, Denver

Saturday, March 3<sup>rd</sup>

3:30pm-7:00pm



**CeDAR wants to help you learn how to cook!  
You will learn basic cooking skills while preparing a gourmet  
meal that you'll enjoy at the end of the night!**

**Whether you are just a beginner learning how to cook  
or an advanced cook who needs a refresher course  
This is for YOU!**

### Menu:

**Field Greens with Classic Vinaigrette  
Triangle Tip Roast with Roasted  
Mushroom and Shallot Ragout  
Sautéed Filet of Salmon and Chicken  
with Aioli Rice Pilaf  
Rustic Apple Crostada  
Caramel Sauce**



**Limited Space Available! Available to the first 18 to Register!**

Special **\$40.00 price** is available to former patients of CeDAR and those who participated in CeDAR's Family Program

Sober friends and family members are welcome to participate for **\$75.00**

Go to [www.CeDARColorado.org](http://www.CeDARColorado.org) to register and details

Contact: 720-848-3034, [Heather.Lister@uch.edu](mailto:Heather.Lister@uch.edu)



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