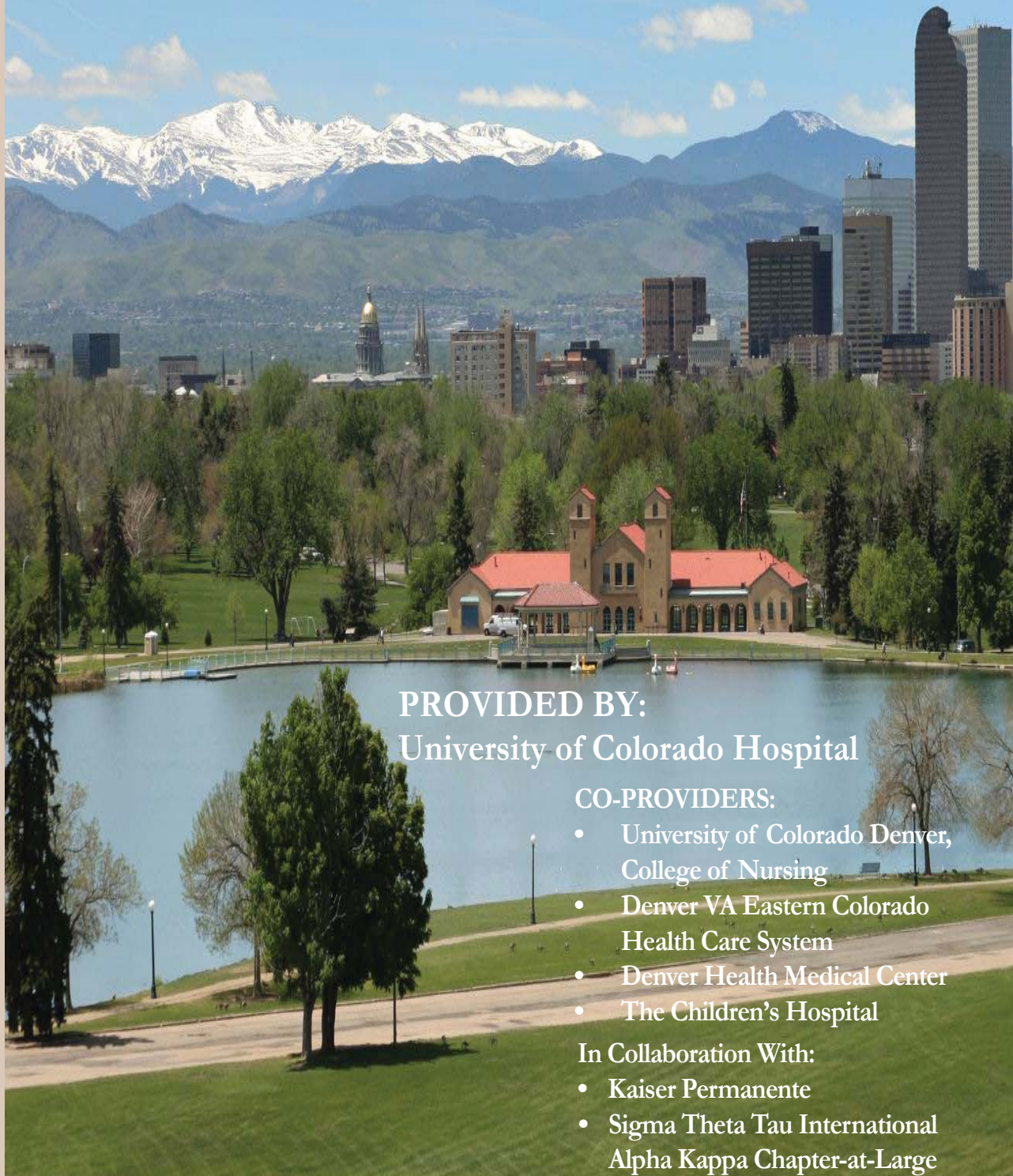


*20th Annual Rocky Mountain Regional Multidisciplinary
Research & Evidence-Based Practice Symposium*

*Improving Patient Outcomes
through Evidence-Based Practice*



PROVIDED BY:

University of Colorado Hospital

CO-PROVIDERS:

- University of Colorado Denver, College of Nursing
- Denver VA Eastern Colorado Health Care System
- Denver Health Medical Center
- The Children's Hospital

In Collaboration With:

- Kaiser Permanente
- Sigma Theta Tau International Alpha Kappa Chapter-at-Large

Denver, Colorado

Thursday, March 12 & Friday, March 13, 2009

Renaissance Denver Hotel, 3801 Quebec Street

This research forum has proven to be an extraordinary contribution to the professional growth of nurses and other health care professionals. The range of topics presented through workshops, podium, and poster sessions is broad and represents the diversity of research and evidence-based practice initiatives being conducted in a variety of clinical settings. We look forward to continued collaboration and success in discovering and strengthening relationships that promote research and scholarship in clinical practice.

Program Objectives

Following this symposium, the participant should be able to:

1. Generate ideas about changes in practice, education, and administration that could improve patient outcomes in the future.
2. Describe the variety of healthcare research and evidence-based practice projects through podium presentation sessions.
3. Identify strategies, tools, and resources for successful clinical research and evidence-based practice initiatives.
4. Examine research and evidence-based practice changes presented by poster sessions.

Intended Audience

Professional healthcare providers and students in fields of practice or study of nursing, medicine, nutritional services, pharmacy, social work, rehabilitation services, respiratory, occupational and physical therapy, and other healthcare related areas are invited.

Thursday, March 12, 2009

11:15 - 12:00 Registration & Lunch (provided)

12:00 - 1:00 Keynote Address

Keynote Speaker: Janet Houser, PhD, RN

Associate Dean for Research and Faculty Development & Professor at Health Services Administration Rueckert-Hartman College for Health Professions of Regis University



Evidence for the Workplace: Investigating the Context of Care Delivery

Research about the effectiveness of work environment elements is a crucial need so healthcare leaders can make informed decisions based on evidence. Dr. Houser will discuss the nature of the contemporary work environment and the evidence supporting administrative decision making. She will share her research on measuring workload and discuss other critical considerations in the workplace including enhancing employee and patient satisfaction, building and retaining high performing teams, and involving staff in decisions.

1:00 - 1:30 Break & Poster Presentations

1:30 - 4:30 Preconference Workshops (choose one of the following workshops)

4:30 - 5:30 Cocktail Reception & Poster Presentations

Workshop 1

So You Want to Do Qualitative Research?

Catherine Dingley, RN, PhD, FNP - Department of Nursing Quality, Outcomes, Research, & EBP, Denver Health Medical Center; **Regina Fink, RN, PhD, FAAN, AOCN & Mary Beth Flynn Makic, RN, PhD, CNS, CCNS** - Research Nurse Scientists in the Professional Resources Dept. of University of Colorado Hospital
--Various qualitative designs will be described: qualitative descriptive, grounded theory, ethnography, phenomenology; matching the methodology with the research question. Essential aspects for conducting interviews (individual and focus groups); audio recording; data transcription, management, analysis, and saturation will be presented.

Workshop 2

Cultural Diversity in Research

Ruby J. Martinez, PhD, RN, PMHCNS-BC, Nurse Manager at Denver Health Medical Center; **Eileen Thomas, PhD, RN**, and **Linda Krebs, PhD, RN, FAAN, AOCN**, Professors at University of Colorado Denver, College of Nursing; **Phyllis Graham Dickerson, PhD, RN, CNS**, Professor with Regis University/Rueckert-Hartman College for Health Professionals/Loretto Heights School of Nursing
--Findings from speakers' research studies with minority groups will be presented; followed by an interactive panel discussing lessons learned and challenges faced when conducting research with ethnic minorities. Participants will be invited to join in a dialogue about strategies to conduct successful, culturally competent research.

Workshop 3

Build a Better Program: Program Design for Program Evaluators

Paul F. Cook, PhD, Assistant Professor and Director, Center for Nursing Research, University of Colorado Denver, College of Nursing.
--This workshop will examine why good quality improvement programs fail, and how to give yours the best chance of success. Treatment integrity will be defined in terms of fidelity to theory, provider skills, protocol adherence, patients' receipt of intervention, and adherence or enactment of skills. Each of these areas will be examined with regard to challenges and methods to improve your results.

Workshop 4

The Evidence-Base for High Fidelity Simulated Learning: From Foundations to Practical Experience

Amy Barton, PhD, RN, University of Colorado Denver, College of Nursing
Jana Berryman, ND, CNS, RN, Project Director of the Work, Education, & Lifelong Learning Simulation Center
--Theory and practical application concerning the development of high-fidelity simulated learning activities will be presented. Participants will understand evidence to support simulated learning in nursing education and practice, participate in structured learning activities inherent in the simulation experience: orientation, facilitation, and debriefing, & identify implications for future research.

Friday, March 13, 2009

- 7:45 - 8:15** Registration, Buffet Breakfast, Poster Presentations
8:15 - 8:30 Welcome and Opening Remarks
8:30 - 9:45 Keynote Address



Keynote Speaker: Nancy Dunton, PhD

Research Associate Professor; Principal Investigator, National Database of Nursing Quality Indicators (NDNQI); University of Kansas Medical Center

Improving Patient Outcomes Using Nursing Quality Indicators

The latest findings from NDNQI research on the relationship between characteristics of the nursing workforce, nursing processes, and patient outcomes will be presented. How hospitals have achieved sustained improvement in nursing outcomes using NDNQI reports will also be discussed.

- 9:45 - 10:45** Break & Poster Presentations
10:45 - 12:30 Concurrent Podium Presentations (choose one of the following breakout sessions)

Session 1

- Perceptions of Cardiac Self-care Among Lebanese Patients and their Family Caregivers. Nuhad Yazbik Dumit, RN, MA, PhD, American University of Beirut
- Swedish Chest Pain Program: Giving Patients Answers More Quickly. An Innovative Program that Reduces Cardiac Patients' Time in the ED from 20 to 7 hours. Paula Grassmick, RN, MSN, CNA*, Swedish Medical Center
- Healthcare Provider Evaluation of Family Presence During Resuscitation. Kathleen Oman, RN, PhD, CEN, FAEN*, University of Colorado Hospital
- Applying LEAN Principles to Develop an Evidence-Based Protocol for Venous Thromboembolism (VTE) Prophylaxis. Claire Swartwood, PharmD, BCPS*, Denver Health Medical Center

Session 2

- Evidence-Based Education: Innovative Teaching Tools for Children. Karen LeDuc, MS APN-BC,CNS, CPN, CNE, The Children's Hospital
- I'm Safe: Development of a Fall Prevention Program to Enhance Quality and Patient Safety. Jodi Thrasher, MS, CFNP, RN*, The Children's Hospital
- Acknowledging Praxis: Recognizing Caring in Reflective Narratives of Pediatric Nurses. Jennifer Hagedorn, RN, BSN*, The Children's Hospital
- Mile High Teen Seat Belt Challenge: Health Care Champions Working Together to Save Lives. Sue Matzick, RN, BSN, EMT-P*, Denver Health Medical Center

Session 3

- Evidence-Based Management: Designing a Float Pool for Recruitment and Retention of Nurses to Reduce Contract Labor. Kathleen Bradley, RN, MSN, NE-BC*, Porter Adventist Hospital
- Retention of New Graduate Nurses - A Preliminary Survival Analysis. Cynthia A. Oster, PhD, MBA, RN, CNS, ANP*, Porter Adventist Hospital
- Readiness for Practice: The Senior Practicum Experience. Regina Fink, PhD, FAAN, AOCN*, University of Colorado Hospital
- Evaluation of Evidence-Based Nursing Practice at a Children's Hospital. Anne Marie Kotzer, PhD, RN, CPN, FAAN*, The Children's Hospital

Session 4

- A Ten-Year Journey Following Men After Diagnosis and Treatment of Prostate Cancer: What Do They Tell Us? Laura Hays, MS, PMHNP, RN*, University of Colorado Denver, College of Nursing
- Health Related Quality of Life for Rural Cancer Survivors: The Colorado Experience. Leli Pedro, DNSc, RNC, OCN, CNE*, University of Colorado Denver, College of Nursing
- Chemotherapy-Induced Neutropenia and Relative Dose Intensity in an Underserved Population of Colon Cancer Patients. Jeremy J. Garcia, RN*, Denver Health Medical Center
- Assessing the Impact of a Nursing Initiative for Reaching One of the Healthy People 2010 Goals. Sigrid Fidelis Bressler, RN, BSN, CNN*, University of Colorado Hospital

- 12:30 - 1:30** Lunch (provided)
1:30 - 2:15 Break & Poster Presentations
2:15 - 4:00 Concurrent Podium Presentations (choose one of the following sessions to attend)

Session 5

- Development of the Post Anesthesia Care Unit Family Liaison Program. Michelle L. Ballou, RN*, University of Colorado Hospital
- Comparison of Delayed vs. Immediate Pushing During Second Stage of Labor in Nulliparous Women with Epidural Anesthesia. Erica Gillesby, RN*, Exempla Lutheran Medical Center
- ASPAN's Delphi Study on National Research Priorities for Perianesthesia Nurses in the U.S. Myrna Mamaril, MS, RN, CPAN, CAPA, FAAN*, University of Colorado Hospital
- A Web-based Program on Evidence-Based Practice for Rural Hospitals. Kathleen Oman, RN, PhD, CEN, FAEN*, University of Colorado Hospital

Session 6

- Adolescents' Experience with Terminating Relationships with Perpetrators of Perinatal Abuse. Teresa Francisco, RN, PhD(c), Ohio State University
- Parent's Experience with Raising a Child with Attention Deficit Hyperactivity Disorder (ADHD). Charlotte Strahm, DNSc, Rush University
- Forensic Nurses' Experience of Receiving Child Abuse Disclosure. Christine Finn, PhD, RN, MSN, MA, Regis University
- Does Measles, Mumps, and Rubella (MMR) Vaccine Influence the Diagnosis of Autism in Patients Who Have Received Immunizations? Shellie R. Mason, RN, BSN, CPN, The Children's Hospital

Session 7

- Reducing Hospital Acquired Pressure Ulcers with a Silicone-Based Dermal Emollient Skin Care Regimen in a Hospital Medical Unit: Evaluating the Cost and Consequences. Martha Coombs, MSN, RN, CNS, CWOCN, Porter Adventist Hospital
- Catheter Related Bloodstream Infection Prevention in the Adult ICUs. Nicolle Schraeder, CCRN, CNRN*, University of Colorado Hospital
- A 90 Day Plan to Eliminate VAP. Carrie M. Horton, MSN, RN, CNS, CCRN, APRN-BC, St. Anthony's North Hospital
- The PUPPI Program (Pressure Ulcer Prevention Performance Improvement): Waging a War on Wounds. Cynthia Salisbury, RN, MSN*, Denver Health Medical Center

Session 8

- Pain Associated with Advanced Heart Failure. Janet Houser, PhD, RN*, Regis University
- Comparison of Different Methods for Obtaining Pulmonary Artery Pressures: Monitor Cursor vs. Monitor Digital vs. Graphic Waveform. Editha A. Pasion, BSN, RN, CCRN*, Exempla St. Joseph
- Teaming with Pre-Hospital Services for Excellence in STEMI Care of the Acute Myocardial Infarction. Julie Benz, RN, MS, CNS, CCRN, St. Anthony's Central Hospital
- Clinical Antecedents to a Medical Emergency Team Response as Predictors of ICU Transfer. Carolyn L. Sanders, RN, PhD, University of Colorado Hospital

* Multiple Authors; Complete list noted in Symposium Proceedings Syllabus

4:00 - 4:30 Symposium Evaluation/Closure

Ready to Register? Here's How...

**Pricing:

	<i>Full Price</i>	<i>*Affiliate Price</i>
Thursday, March 12, 2009	\$105.00	\$90.00
Friday, March 13, 2009	\$140.00	\$130.00
Both days (20% discount)	\$195.00	\$175.00

*Affiliate pricing applies to employees of the organizations that "provided", "co-provided", or were "collaborated with" for this event. (Please see the front cover of this brochure for a complete list.)

Undergraduate Student discount pricing available

For detailed information on pricing and registration visit www.uch.edu/for-healthcare-professional/professional-resources/continuing-education/index.aspx From there, click on the 20th Annual Rocky Mountain Regional Research and Evidence-Based link on the left. There you can register online or download a registration form to mail in with a check.

Travel and Accommodations

Renaissance Denver Hotel
3801 Quebec Street
Denver, CO 80207
303-399-7500

Air - The Renaissance Denver Hotel is located approximately 20 minutes by cab or Super Shuttle (1-800-BLUE-VAN) from Denver International Airport, 10 minutes from downtown Denver and a short drive from the mountains

Ground - The hotel is located on Quebec Street just south of I-70.

Lodging - Hotel rooms will be available for conference participants and their guests at reduced rates of \$89.00 per night. Guest amenities include a Fitness Center, indoor swimming pool, and on-site restaurants. Please make your reservations early to ensure accommodations. Reduced rates are reserved until three weeks prior to the Symposium. Free Shuttle from DIA available.

Continuing Nursing Education Credit

Continuing Nursing Education contact hours will be provided by University of Colorado Hospital. The number of contact hours to be awarded is pending. For questions on continuing nursing education, please contact Stephanie Insinna at stephanie.insinna@uch.edu or 720-848-6694.

University of Colorado Hospital is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

University of Colorado Hospital
Professional Resources, MS 901
P.O. Box 6510
Aurora, CO 80045

PRESORTED STANDARD
U.S. POSTAGE
PAID
DENVER, CO 80222
Permit No. 512

Save the Date!

**The 20th Annual Rocky Mountain Multidisciplinary
Research and Evidence-Based Practice Symposium
March 12 & 13, 2009**