

Highly Qualified Directors



Jonathan I. Ritvo, M.D.
Medical Director
Dr. Jonathan I. Ritvo brings more than 30 years of experience in addiction psychiatry to CeDAR. Trained at Harvard Medical School and the University of Colorado at Denver and Health Sciences Center, Dr. Ritvo is board certified in addiction psychiatry. He formerly served as the attending physician for the inpatient and outpatient addiction services at Denver Health. He is an esteemed educator and has held numerous leadership positions including training director for the addiction psychiatry residency program at University of Colorado Hospital, head of the Education Section of the American Academy of Addiction Psychiatry and chair of the committee on training and education in addiction psychiatry for the American Psychiatric Association. Dr. Ritvo was recognized as one of Denver's Top Doctors in *5280 Denver's Mile-High Magazine*.



Franklin Lisnow, MEd, MAC
Executive Director
Franklin Lisnow brings 35 years of experience in treating chemically dependent individuals and their families. Lisnow is the former vice president of a 110-bed Pennsylvania treatment center that included detox and addiction treatment on two campuses. He is past president and 10-year board member of the National Association of Alcoholism and Drug Abuse Counselors. A noted expert, he authored numerous articles and publications in the addiction field, lectured and has been interviewed nationally by the media.

For further information, contact:

Frank Lisnow, MEd, MAC,
Executive Director
720-948-3021
Franklin.Lisnow@uch.edu

Jeanette Moss
Admissions Supervisor
720-948-3000
jeanette.moss@uch.edu

CeDAR
University of Colorado Hospital
Mail Stop F786
1693 N. Quentin Street
P.O. Box 6510
Aurora, CO 80045

720-948-3000 Local
877-999-0538 Toll Free

www.CeDARcolorado.org



www.CeDARcolorado.org



CeDAR

Center for Dependency, Addiction and Rehabilitation

at the Anschutz Medical Campus



Recovery One Patient at a Time



UNIVERSITY OF COLORADO
HOSPITAL

www.CeDARcolorado.org

CeDAR Center for Dependency, Addiction and Rehabilitation

at the Anschutz Medical Campus

UNIVERSITY OF COLORADO
HOSPITAL

Answering a Crucial Need

CeDAR (Center for Dependency, Addiction and Rehabilitation) answers a crucial need in the Rocky Mountain region by providing a world-class center for addiction treatment. It offers a supportive and extensive program to help patients to overcome addictions.



Alcoholism and drug addiction are biological, psycho-social and spiritual diseases. CeDAR provides a holistic treatment approach addressing all of these areas and helping patients learn to take care of themselves through an intensive recovery process involving 12-Step meetings and family sessions, self-reflection, group therapy, individual counseling, exercise and spirituality. Patient stay is 30 days.

"At CeDAR, recovery and freedom begins from the minute one walks in our door and continues "one day at a time". We heal the whole person and encourage the family to participate in the recovery process."

Robert J. Harmon, M.D.
CeDAR Founder



Unique to the Region

Nestled in a picturesque area on the University of Colorado Hospital's new Anschutz Medical Campus, CeDAR is a soothing and supportive environment featuring new buildings that have received national acclaim for architecture.

The CeDAR campus includes two residential treatment cottages featuring courtyards and paths for exercise and meditation, as well as an assessment/detoxification building, and a fitness and family center.

In its developmental period, CeDAR collaborated with the Betty Ford Center, one of the nation's most successful residential treatment facilities to establish the foundation upon which the program has grown.

The historical 1800s building known as the Lori Wolf House was renovated to provide a place where families could come together to share hopes, concerns and quiet moments in a calm, comfortable, dignified atmosphere.



The program is a partnership between the internationally recognized University of Colorado Department of Psychiatry and University of Colorado Hospital, which is ranked among the best by *U.S. News & World Report* in its annual survey of "America's Best Hospitals." This affiliation enables numerous opportunities for education and research in the latest diagnostics and treatments for addiction and dependency.

Offering Hope – Changing Lives

Comprehensive Assessment

CeDAR's highly skilled multidisciplinary treatment approach entails a thorough medical, psychiatric, psycho-social and spiritual assessment providing the highest level of individualized care.

Co-Occurring Problems

Patients receive treatment for co-occurring problems such as depression, bi-polar disorder, gambling and post-traumatic stress disorder, when necessary.

Family Program

Patients' families are expected to participate in a learning program about how to care for themselves and how to support their loved one during the recovery process.

Aftercare and Alumni

Successful recovery depends greatly on the quality of care patients receive following residential treatment. All CeDAR patients are presented with a detailed aftercare plan, including outpatient appointments and 12-Step contacts in their local community. Additionally, CeDAR offers on-campus, aftercare groups for our alumni.

Extended Care Program

Patients requiring longer care may choose to stay in adjacent housing dedicated to their specific needs. These patients can return to their regular jobs, and receive individualized outpatient treatment on evenings and weekends.