



Assessment  
Treatment  
Results




For more information on our  
Comprehensive Diagnostic  
Assessment Program, contact  
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[www.CeDARColorado.org](http://www.CeDARColorado.org)




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**CeDAR**  
Center for Dependency,  
Addiction and Rehabilitation  
at the Anschutz Medical Campus



Comprehensive Diagnostic  
Assessment Program



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HOSPITAL  
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**Comprehensive Diagnostic Assessment Program (CDAP)**

*An intensive, inpatient assessment for addiction*

CeDAR now offers the Comprehensive Diagnostic Assessment Program (CDAP). This is an intensive, 3–4 day, multidisciplinary evaluation and assessment for addiction in cases of unclear diagnoses, complex treatment issues and professional licensure cases.

This comprehensive assessment is ideal for individuals who may be involved in legal or custody cases, or for employers needing to determine an employee's potential substance abuse problems.

CDAP provides referring parties with greater diagnostic certainty and clear treatment recommendations for chemical dependency and/or psychiatric conditions.



**The Assessment**

After CDAP is completed, the assessment team meets to design specific treatments for the patient.

**Formal Assessment**

Performed by an assessment team and tailored to the needs of all parties involved. The team includes:

- A psychiatrist specializing in addictions
- An addiction professional
- A psychologist
- A family counselor
- A nurse practitioner specializing in internal medicine
- A spiritual counselor
- Other specialists (internist, etc.) as needed.

The basic formal assessment is a biopsychosocial evaluation, including:

- medical history and physical examination
- laboratory profile
- addiction assessment
- psychiatric evaluation
- family assessment
- spiritual assessment
- psychological screening

**Milieu Assessment**

Allows the assessment team to gather information in a structured setting. The team reviews collateral information provided by the patient and/or referring physician prior to the patient's admission. The patient's spouse or significant other is required to have an interview with CeDAR's family counselor. In this CDAP program, the patient:

- Stays in CeDAR's Assessment and Detoxification Unit
- Is monitored by nursing staff and supervised physicians
- Is treated as needed for substance withdrawal, medical or psychiatric issues
- Attends groups and lectures with CeDAR residential treatment program patients
- Is assessed by counseling staff for readiness and ability to participate in treatment

**The Results**

Following the assessment and review of collateral information, the multidisciplinary team prepares a detailed report. Outcome assessment includes:

- A verbal summary given to the referring party within 24 hours
- A written summary of the findings and recommendations sent to the referring party within one week



CeDAR A Healing Place

Center for Dependency, Addiction and Rehabilitation