

GOLD NUGGETS

GLOBAL INITIATIVE FOR CHRONIC
OBSTRUCTIVE
LUNG
DISEASE

INTEGRATED EHEALTH PROGRAM

THIS PROGRAM IS FUNDED BY THE CANCER,
CARDIOVASCULAR DISEASE AND PULMONARY DISEASE
GRANTS PROGRAM AT THE COLORADO DEPARTMENT OF
PUBLIC HEALTH AND ENVIRONMENT AND THE UNIVERSITY
OF COLORADO HOSPITAL

Fall 2008

University of Colorado Hospital • Integrated eHealth Program

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Visit our website
www.copdehealth.com

Happy Thanksgiving



WE ARE NOW ENROLLING PATIENTS

We are actively enrolling patients in the 12-week Integrated eHealth Program and are looking forward to working with you and your patients. COPD is the 4th leading cause of death in the U. S. with Colorado ranking 7th in the nation for deaths from this disease. This program is working diligently to improve how we deliver evidence-based care to our patients with COPD while at the same time, helping to improve their quality of life. We are targeting sixteen counties in Colorado that have higher than average mortality rates from COPD. Our dedicated Care Coordinators are currently screening patients to identify those at greatest risk with severe to very severe COPD. Early diagnosis and early treatment is the first step. Please call us today to schedule a spirometry screening in your eligible county. The counties are: Adams, Alamosa, Bent, Crowley, Delores, El Paso, Fremont, Kiowa, Lincoln, Logan, Montezuma, Morgan, Otero, Prowers, Rio Blanco, and Washington. Please call us today, or visit our website to refer your patients into our program.

Breathless not Helpless!



November 19, 2008

The theme of this year's event is "Breathless not Helpless!" This positive message emphasizes that effective treatments are available to help people who have been diagnosed with COPD feel better and live more active lives. In addition, it raises awareness that breathlessness is not just an inevitable part of getting older. For people who have not been diagnosed with COPD, breathlessness is a signal that they should see their doctor and ask about a simple breathing test to check their lung function. www.nhlbi.nih.gov/health/public/lung/copd

SPIROMETRY TESTING AT UCH

Free lung screenings will be offered this month at University of Colorado Hospital Clinics during the week of International COPD Day:

November 18th • A.F. Williams Clinic • 8:30 a.m. – 12:00 noon

November 19th • Garfield Clinic • 8:30 a.m. – 12:00 noon

November 20th • AOP • Internal Medicine Clinic • 5th Floor • 8:30 a.m. – 12:00 noon

For a scheduled appointment, please contact
Debbie Diaz at 720-848-7094 walk-ins welcome!

From Both Ends of the Stethoscope

By Thomas L. Petty, MD

COPD Awareness began on the day that Tom Petty entered the University Colorado Medical School in 1954.

Dr. Tom takes you from his student days, through the development of Long Term Oxygen Therapy (LTOT). He introduces you to some of his many patients and takes the reader along on his adventures—including a brush with foreign intrigue.

His own experiences as a patient serve as the basis of the final chapters; “What Went Wrong With Medicine” and “How to Survive With Medicine Today”.

To order a signed copy of Dr. Petty’s book, please send an email to TLPdoc@aol.com or call 303.996.0868.

